



More than 80 children and young adults, from newborns to 21-year-olds, who have severe disabilities live, play, go to school and receive the very best care at St. Mary's Home. St. Mary's also is caring for adults older than 21 with the opening of The Albergo House on our campus.

Here are some suggestions for gifts if you'd like to donate items to the residents. Many of these items will increase their opportunities for community outings.

Please keep in mind that our residents cannot use/don't need stuffed animals, bicycles, items made from chenille, clothing with sequins or other embellishments, and explicit music or movies. And, gift bags make it easier to open presents.

For more information, contact the Development Department at (757) 622-2208 ext. 328 or dzinn@smhdc.org. *Thank you.*

GIFT CARDS

A.C. Moore, AMC Movies, AMF Bowling, Amazon, Barnes & Noble, Bath and Body Works, Best Buy, Bounce House, Build-A-Bear Workshop, Cinema Cafe, Claire's, iTunes, JC Penney, Kohl's, Michael's, Target, Walmart, various restaurants

MAGAZINE SUBSCRIPTIONS

American Girl, Astro Girl, Cosmo Girl, Discovery Girls, Disney Adventures, Food Network, InStyle, Ranger Rick, National Geographic Kids, Rolling Stone, Seventeen, Sports Illustrated, Sports Illustrated Kid

FOR FUN AND COMFORT

Colorful sheets, comforters, blankets and bedskirts for twin-size beds, crib mobiles, Hampton Roads Transit Paratransit Service tickets, large plush towels, gardening supplies, tabletop greenhouses, bibs, headphones, MP3 players, small speakers, batteries, bandanas, machine-washable knitted hats, bean-bag pillows, sound machines, vibrating mats, movie tickets, museum tickets, aquarium tickets, family memberships for museums and other venues, tickets for sporting events, LeapFrog LeapPad books, Disney DVDs, movie DVDs, travel DVDs, musical toys, toys adapted for children with disabilities (for ideas, see www.enablingdevices.com)

CRAFT SUPPLIES

Photo albums and paper, scrapbooks and scrapbook supplies, large markers, construction paper, finger paint, washable paint, paint brushes, poster board, cotton balls, brown paper bags, wiggle eyes, glue sticks and dots, sticky-back foam sheets, pom poms, miscellaneous craft supplies

GIFTS FOR GIRLS

Flavored lip gloss/balm, cosmetic kits, manicure sets, nail polish, small hair brushes, hair accessories, camisoles, PJs, Polo-style dresses, shelf-bra undershirts, pants with elastic waistbands, clothing in both girls' and women's sizes S-XL, small purses with short straps, body wash, lotion, hair gel, hairspray

GIFTS FOR BOYS

Flavored lip balm, electric razors, cars with push buttons on top, sturdy remote-control cars, pants with elastic waistbands, PJ bottoms, track suits, Polo-style shirts, clothing in sizes up to men's XL, body wash, lotion, hair gel

SPECIAL SWITCHES FOR ADAPTING TOYS

The children and young adults may not have the fine motor skills needed to operate small switches on musical toys, so our occupational therapy support services staff adapt toys by connecting them to switches with large surfaces. You can buy gift certificates for switches at:

http://enablingdevices.com/catalog/gift_certificates/gift-certificates/gift-certificates

Meeting the complex needs of children and adults with disabilities.