

**Your gift *means*
outstanding care,
lovingly delivered.**



St. Mary's has proven to be a wonderful and rewarding choice for many Virginia families. We are a private, nonprofit, non-sectarian organization. Costs are covered by Medicaid, United Way and charitable contributions from generous supporters like you.

Your gift to St. Mary's is tax-deductible and helps our residents in many ways. For example, supporters like you help make it possible for our children to take hundreds of field trips a year. Please consider a gift of \$1,000 or more and receive recognition on our donor board and join with others for special receptions and events.

You are invited to create your legacy by making a planned gift to St. Mary's and becoming a member of The Guardian Society. A gift made through an estate plan – for example, leaving St. Mary's in your will – is an act of love that offers benefits to you and will help ensure that future generations of children and young adults will benefit from the excellent care at St. Mary's Home.

St. Mary's Home

*Meeting the complex needs of children
and adults with disabilities*

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Thank you for your support.

Give *them* all the best.



St. Mary's Home

Your support assists children and young adults with complex needs.

St. Mary's Home is a home filled with love, friends and activities. Children and young adults with severe disabilities receive outstanding, comprehensive care from extraordinary professionals. Ours is the only long-term-care residential facility of its kind in Virginia. We offer residential, medical, therapeutic, educational and recreational services for children from birth to age 21, all provided with a gentle and loving touch. We're proud to also offer, since the opening of The Albero House in 2013, care for adults 22 and over.

Inviting, spacious and filled with natural light, St. Mary's 88,000-square-foot main building was designed for the needs of our children, staff and visiting families. The Albero

House, a 10,000-square-foot wing, features 12 private bedrooms for adults, a spacious common living area, a kitchen, an enclosed porch and a landscaped courtyard.

You help us provide comprehensive, high-quality care.

Our qualified, caring and motivated staff is extraordinarily committed. We have 250 full- and part-time employees who care for our children.

Daily care is delivered by registered nurses, licensed



practical nurses, direct support professionals, and occupational and recreational therapists, who work under the medical direction of a board-certified pediatrician, plus physical therapists who work under the direction of a board-certified physiatrist. Children and young adults receive regular examinations from a pediatrician along with in-house consultations with neurologists, orthopedists, dentists and other medical specialists. The doctors are affiliated with Children's Hospital of The King's Daughters and Eastern Virginia Medical School.

Help St. Mary's residents reach and learn every day.

Some of our children attend local public schools, and all others attend school at St. Mary's. Each child's curriculum may include physical, occupational and speech therapy along with art, music and adaptive physical education.

Striving to move beyond expectations is highly rewarding – both for our residents and our staff and educational team.

Add joy to a child's life.

Our children enjoy seeing and doing new things as well as meeting and interacting with new people and old friends. We provide daily opportunities for recreational and leisure pursuits. The things we do are fun and help with physical goals,

cognitive skills, social skills and overcoming emotional barriers and becoming active members of our community. Activities include taking field trips to the zoo and beaches, celebrating birthdays, shopping with staff and family, dancing at prom, playing with therapy dogs, spending afternoons with young volunteers and exploring the community as part of St. Mary's own Girl Scout troop. We also encourage family participation with special programs.



A daily testament to the power of touch.

Here at St. Mary's, we touch lives. Frequent hands-on therapy helps our children develop essential skills so they can function at their best. From using computers to driving power wheelchairs, our residents are empowered and encouraged to gain independence to the best of their abilities.

We focus on helping each child reach his or her full potential, and on providing life-enhancing programs and experiences.



Create your own legacy of care.

Please donate today to help children and young adults with severe disabilities live well and get the best care, in a cheerful, homelike environment. You can make your gift online at saintmaryshome.org, or call (757) 622-2208 or (800) 237-6555.

How to learn more.

If you'd like to discuss your gift, contact Martha Price Stewart, director of development, at (757) 446-6797, (800) 237-6555 or mstewart@smhdc.org.

