JOURNEYS

Because it is in the process, as much as the progress, that we measure each journey.

Winter *2017*

A publication of St. Mary's Home.

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We provide quality, specialized care within a homelike environment for children and adults with severe disabilities, so each person can achieve his or her fullest potential.

It's Fall, Y'all

Kids, Community Come Together *to* Celebrate

Rachel enjoyed dinner outdoors with her parents. Isaiah met some superheroes. And other children and young adults, and their families, plus friends in the community, celebrated the start of the season at our second annual It's Fall, Y'all.

Because of the generosity of our sponsors and of donors like you, the Sept. 22 event raised more than $40,000 to help Rachel, Isaiah and other individuals who live at St. Mary's Home and The Albero House receive the complex, around-the-clock care they need.

PRA Group, Inc., a longtime supporter of St. Mary's, donated $20,000 to be lead sponsor for the second year in a row. Additionally, food partner Baker's Crust generously donated all of the delicious food, including pulled pork BBQ, beef brisket, pork belly tacos and oysters.

Guests enjoyed live bluegrass music by More Perfect Jones, craft beer from Tradition Brewing Co., a tour of St. Mary's and family-friendly activities including face painting, cornhole and a visit from the Hampton Roads Superhero Squad.

Additional sponsors were Peter Decker Children's Charity, Sertoma Club of Norfolk, Children's Specialty Group, Coastal Prosthetics and Orthotics, London & Norfolk Ltd., Mermaid Factory, Casone Enterprises, Pilot Media, Strayseed Landscaping, Tradition Brewing Co. and an anonymous donor.

If you'd like information about how you can become a sponsor of St. Mary's Home, please contact Kristen Nelson, our giving manager, at (757) 622-2208 ext. 328 or knelson@smhdc.org.

See more photos from this event on page 2.

Continued from front page

Kids, Community Come Together to Celebrate

In the News Coverage

THE VIRGINIAN-PILOT

Sept. 27
Story about the Hampton Roads Superhero Squad who were part of St. Mary's fall fundraiser.

Sept. 23
Layla, who lives at St. Mary's, and her aunt were featured in a photo of members of the Hampton Roads Realtors Association with a mural they created for the Home.

Aug. 16
"Compass" story about Girl Scouts organizing a weeklong camp at St. Mary's.

ALTDAILY.COM

Sept. 19
Story previewing It's Fall, Y'all event.

COVA BIZ MAGAZINE

August/September issue
Item about St. Mary's Home winning first-place awards from the Public Relations Society of America-Hampton Roads chapter, for newsletters and media relations.

October /November issue
Item about PRA Group donating $20,000 to be the lead sponsor of St. Mary's It's Fall, Y'all event.

Enjoying St. Mary's It's Fall, Y'all on Sept. 22 are, from left, Shannon Edsall, St. Mary's director of operational support; Nancy Wilcox, immediate past president of St. Mary's Board, holding her granddaughter; Sharon S. Goodwyn, president of St. Mary's Board; H. Wayne Jones, St. Mary's CEO; and Michael P. Cotter, president of St. Mary's Foundation Board of Directors.

All photos courtesy of Carl Anderson of Hampton Roads Photography. To see more photos from the event, find us on Facebook as StMarysHome.

Girl Scouts' Camp Connects Kids

Children painted on canvas, decorated ceiling tiles, tried out musical instruments, showed off their sense of style and enjoyed other fun activities during a five-day camp organized by two young volunteers.

Girl Scouts Emersen Miller and Morgan Lynch, seventh graders at Great Neck Middle School in Virginia Beach, got the idea for Camp Aloha when they toured St. Mary's with their troop. The camp was fun for the children at St. Mary's and fostered a connection between them and their peers in the community. "It's important for the kids here to play with kids of all ability levels," said Nicole Hoskins Jones, St. Mary's director of recreational therapy.

Thank you, Emerson and Morgan, for making summer so much fun for our kids! And congratulations for earning the highest award a Girl Scout cadette can earn, the Girl Scout Silver Award, for your efforts!

More News Coverage

HAMPTON ROADS REALTOR MAGAZINE

September issue
Story about members of Hampton Roads Realtors Association painting a mural for St. Mary's.

TIDEWATER BIZ

June 27
Item about St. Mary's Home winning two first-place awards from the Public Relations Society of America-Hampton Roads chapter.

"COAST LIVE" ON WTKR

March 23
Story about Todd Rosenlieb Dance Studio included footage of students in St. Mary's "Dance & Movement" class.

Thank You, and Congratulations, *to* We Promise Foundation

Congratulations to We Promise Foundation for being recognized as the 2017 Outstanding Foundation/Corporation by the local chapter of the Association of Fundraising Professionals! The Foundation, the charitable arm of Chartway Federal Credit Union, was honored at a National Philanthropy Day reception on Nov. 9.

This summer, Shanyla, Seth and Latrell were among the children who were able to attend Camp Horizon — and check out fun places like the Virginia Beach Public Schools Planetarium — due to the continued generosity of We Promise Foundation. The Foundation, a longtime supporter of St. Mary's, gave the Home a $27,000 grant for camp.

You Can Help Spread the Word About St. Mary's

Does your club, organization or business need speakers? We can help. Our staff members enjoy speaking about St. Mary's and the exceptional care, education, therapies and recreational programs we offer for individuals with disabilities.

Our presentation is designed to fit easily into your breakfast, lunch or dinner program format, at no cost, and includes a lively, professional, 10-minute video, "The Power of Touch." Our speakers also are prepared for a short question-and-answer period.

To book a speaker from St. Mary's Home at no cost, please contact Sonja Barisic, APR, director of marketing communications, at sbarisic@smhdc.org or (757) 352-2700.

Beach Ambassadors Raise $15,500

Shanyla and Zach were on hand to greet our friends from Beach Ambassadors when they visited to present $15,500 they raised for St. Mary's Home from their Battle of the Beers event. Thank you so much for your ongoing generosity to the children and young adults!

Earlier in the summer, Aly, who lives in The Albero House, had a great time visiting Hunt Club Farm with Beach Ambassadors, including Andy Beale. Andy's brewery, Tradition Brewing Company, provided beer for our It's Fall, Ya'll celebration. Field trips are fun, but they are even better with friends.

Realtors Brighten Kids' Days With Art

When Layla checked out some new artwork at St. Mary's, she saw a familiar face. Her aunt, Raynelle Ricks, was among members of the Hampton Roads Realtors Association who painted a mural over the summer during the organization's charitable Paintfest. The mural now hangs in a main hallway at the Home. Thank you for making all of our kids' days brighter with your creativity!

New School Year, New Supplies

Over the summer, Abigale kept busy helping out our new school principal, Susan Albert, by testing markers to make sure they were in working order. Then, Abigale and other kids at St. Mary's Home headed back to class with bags of fresh school supplies generously donated by employees at Pilot Media Solutions. Thank you for thinking of our kids!

Volunteers Show They Care
During Day of Caring *at* St. Mary's

Thank you to the 20 employees from Trader Interactive who volunteered at St. Mary's Home for the United Way of South Hampton Roads Day of Caring in September. Because of you, the children and young adults got to tie-dye new T-shirts for school, play cornhole and participate in other fun activities. They even made some beautiful cards to celebrate our employees later in the month during Direct Support Professionals Week. What an amazing day!

Join Our FAMILY

Subscribe to our periodic email newsletter at saintmaryshome.org.

Find us as StMarysHome on:

Check out our blog at:

saintmaryshome.org /news/blog-2

Plus, find our Auxiliary Board as StMarysAuxBoard on:

Staff Development Director Retires After 39 Years

Susan Kok, RN retired in August as our director of staff development after 39 years of service. She had a profound impact on the children and young adults, families and staff, as well as affiliated nursing programs.

Susan first came to St. Mary's in 1976 with extensive nursing experience. She began her career in 1968 as a licensed practical nurse. She graduated from Castleton State College in Vermont as a registered nurse and served on the Cardiac Care Unit staff of Massachusetts General Hospital in Boston for three years. While also being a devoted Navy spouse, she served on the Critical Care Unit staff at Truesdale Hospital in Fall River, Mass.; in the U.S. Navy Base Dependents' Clinic in Manama, Bahrain; and, during a break after her first few years at St. Mary's, as a nursing instructor for the state of Maine and private duty nurse for new born quadruplets.

Susan returned to Norfolk in 1981 and resumed her employment at St. Mary's. At times she served as assistant director of nursing and interim chief nursing officer. Countless staff members passed through her thorough orientations, and she taught many parents how to care for their children outside the Home.

Nursing students from Thomas Nelson Community College and the Virginia Beach School of Practical Nursing who benefitted from Susan's high quality, person-centered orientations twice selected her as the keynote speaker at their graduations. In 2014, the Virginia Health and Medical Sciences Educators Association recognized Susan with an Award of Merit.

Susan left St. Mary's with fond memories of her beloved Courtney David, a St. Mary's resident of 14 years. Thank you, Susan, for your legacy of professionalism and caring!

Meet the Board of St. Mary's Home

Sharon S. Goodwyn

H. Gregory Kilduff

George L. Consolvo

Allen "Trey" Hardin White III, D.D.S.

The Board of Directors of St. Mary's Home held elections earlier this year.

The officers are:

- President Sharon S. Goodwyn, *Hunton & Williams*
- Vice President H. Gregory Kilduff
- Treasurer George L. Consolvo, *Kaufman & Canoles, P.C.*
- Secretary Allen "Trey" Hardin White III, D.D.S., *Oceanfront Dentistry*

The directors are:

- Michael P. Cotter, *U. S. Bankruptcy Court*
- Christopher B. D'Surney, *Virginia Port Authority*
- Michael E. Duffy, *Merrill Lynch*
- Richard N. Knapp, *Quick180*
- Vincent A. Napolitano, *Napolitano Homes*
- Alvin J. Schexnider, Ph.D, *Schexnider & Associates, LLC*
- Nancy Wilcox, *Wilcox Nation Inc., immediate past president of St. Mary's Board*

Congratulations, and thank you for your commitment to the children and young adults of St. Mary's Home and The Albero House.

St. Mary's Board of Directors

Sharon S. Goodwyn
President
H. Gregory Kilduff
Vice President
George L. Consolvo
Treasurer
Dr. Allen "Trey" Hardin White III
Secretary
Nancy Wilcox
Immediate Past President
Michael P. Cotter
Christopher B. D'Surney
Michael E. Duffy
Ann Gimbert
Auxiliary Board President
Richard N. Knapp
Vincent A. Napolitano
Alvin J. Schexnider, Ph.D.

Honorary Directors

Carl M. Albero
George Compo
Joan Damsey, FACMPE
Sandra R. Gordon
Frederick J. Napolitano, Sr.
Patricia Perry
Suzanne Puryear
Cynthia Rector-Jones
William J. Ripley
Norma J. Taliaferro

St. Mary's Foundation Board of Directors

Michael P. Cotter
President
M. Powell Peters, Esq.
Vice President
H. Gregory Kilduff
Secretary/Treasurer
Christopher B. D'Surney
Steve Fredrickson
Nancy Wilcox

Joseph Toland, M.D.
North Shore Pediatrics
St. Mary's Medical Director

Nabil T. Tadros, M.D.
Long Term Care of Virginia
The Albero House Medical Director

Auxiliary, Supporters Make a Difference *for* Individuals With Disabilities

The children and young adults will benefit from more community outings and much-needed medical equipment because of the generosity of sponsors and donors like you who helped St. Mary's Auxiliary Board Gala and Auction raise $80,000. Thank you!

About 300 people attended the Auxiliary Board's 12th annual Gala this spring at the Peter G. Decker Jr. Half Moone Center on Norfolk's downtown waterfront.

For the seventh year in a row, presenting sponsor Checkered Flag Auto Group donated a car for the Auxiliary to raffle off at the end of the event. The raffle raised $23,000, with the 2017 silver Toyota Corolla going to Cathy Engesser of Virginia Beach.

Additional Gala sponsors were PRA Group, Kerneos Inc., TowneBank, Kaufman & Canoles P.C., George and Linda Consolvo, PF&A Design, Mercer, Roof Engineering, TS&W, Teamsters Local 822 and Vandeventer Black.

The Norfolk Strolling Silver Strings provided musical entertainment for the evening.

Colton, who lives at The Albero House for adults on St. Mary's campus, was a special guest at the St. Mary's Auxiliary Gala and Auction. With Colton are his mother, Roxane Ward, center, and Nancy Wilcox, immediate past president of St. Mary's Board of Directors and co-chair of the 2017 Gala. (photo courtesy Carl Anderson of Hampton Roads Photography)

Save the Date: *The amazing women of our Auxiliary already are hard at work planning a great Gala for you on April 14, 2018, featuring a raffle for a new car sponsored by Checkered Flag.* **To sponsor, to buy raffle tickets or for info: (757) 446-6780 ext. 381**

One Night. A Lifetime of Change.©

Founders Inn and Spa Virginia Beach

Featuring a raffle for a brand new car courtesy of Checkered Flag

For raffle tickets, sponsorship opportunities or to donate auction items call 757-446-6780 ext. 381 or visit saintmaryshome.org

St. Mary's Home
A good life.

6171 Kempsville Circle
Norfolk, VA 23502
(757) 622-2208 | (800) 237-6555
saintmaryshome.org

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Give the Gift *of a* Good Life

Children like Iker, as well as young adults and staff, visit with Santa (awesome volunteer Mo Patrick of Dominion Energy) during the holidays each year. On Christmas Day, they gather with families and volunteers to open gifts and celebrate the season.

This holiday, please make your gift to St. Mary's Home. Your support will help the children and young adults benefit from well-rounded care as well as the activities, special excursions and everyday joys that add up to a good life here.

You help children and young adults with severe disabilities — at the holidays and all year long! Remember to make your gift by Dec. 31 to get your tax deduction for 2017.

To donate:
- Go online to saintmaryshome.org
- Call (757) 622-2208 or (800) 237-6555
- Send your gift in the envelope provided with this newsletter

You make a difference. Thank you and Happy Holidays!

United Way
United Way of South Hampton Roads Community Partner