



Message from the CEO

Early in 2009, Carl and Carole Anne Albero donated a Norfolk mermaid to St. Mary's Home for Disabled Children. Our mermaid graces the main entrance to the Home and was christened "Embrace" from a contest held to name our latest addition.

The concept of "embrace" is appropriate for the Home on so many levels. First, the name reminds us at St. Mary's that we embrace our values of integrity, quality and good stewardship. These values guide all the decisions we make for the children and young adults of St. Mary's.

Next, St. Mary's has been fortunate to continue to be embraced by community support. As health care reform moves forward, that support will be even more important. St. Mary's continues to explore ways to care for more people with disabilities and will rely on community support to expand our mission in service to those with severe disabilities.

Most importantly, St. Mary's and all those associated with the Home embrace the children here with compassion and expertise. Our professional clinical staff ensures the children get the best health care. The educational staff from Southeastern Cooperative Educational Programs does an excellent job of teaching the children. The support services staff ensures the home is safe and secure for the children 24 hours a day, 365 days a year.

St. Mary's Home has a proud past and an exciting future. We appreciate your interest and your support as we embrace the serious responsibility of caring for the precious children of St. Mary's. Thank you for all you do for the children and young adults of St. Mary's Home.



Message from the President

The year 2009 at St. Mary's Home was one of celebration and commemoration. Sister Mary June celebrated 50 years of service to the children. I recall that she said, "It's all about love." The moment you walk into St. Mary's, that message can be found everywhere — in the joy expressed between a nurse and a child who heads out for summer camp; in the face of a therapist as a young boy rides his therapy bike down the hallway for the first time; and in the bittersweet words of a mother whose son is graduating and who spoke of the St. Mary's family who had been there for her family for more than 18 years.

On Dec. 8, 2009, St. Mary's commemorated 65 years of caring for children — most of those years, for children with physical and intellectual disabilities. The children's time is not spent idly, but rather in classrooms led by expert teachers, in the care of some of the region's top physicians from Children's Hospital of The King's Daughters, and in making unbelievable progress because of dedicated staff.

It is my special honor to serve as president of the Board of Trustees as the Board is seriously considering how St. Mary's can continue caring for the children when they reach young adulthood. I ask that you stay in close touch with St. Mary's as we make decisions that will affect families throughout Virginia. We will call on you for your advice because we know that you, like the Trustees, staff and Auxiliary Board, care about the children and young adults and want to enrich their lives with as many experiences as possible. Thank you.

09 BOARD OF TRUSTEES

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ON THE COVER: Shanyla, who lives at St. Mary's Home, shares a quiet moment with clinical nurse specialist Gwendolyn G. Brown, MSN, RN, CPNC-PC, in front of "Embrace," St. Mary's mermaid. The statue was sponsored by Carole Anne and Carl M. Albero and created by artist Georgia Mason with the help of the children of St. Mary's Home. The mermaid arrived on Oct. 26, 2009,

at St. Mary's Home, where she greets visitors at the entrance.

Auc Suil

RICHARD N. KNAPP PRESIDENT



About the Home

On Dec. 8, 1944, St. Mary's became a nonsectarian home for children who had no homes of their own or who needed a temporary place to stay while their fathers fought in World War II and their mothers were at work in war plants. A decade later, the Home's mission started to evolve as St. Mary's began caring for children with disabilities. In 2005, St. Mary's moved into a beautiful, spacious, state-of-the-art building near Sentara Leigh Hospital.

Today, about 300 full- and part-time staff care for up to 92 children and young adults, ages newborn to 21. Nursing staff provide reliable, professional 24-hour care, seven days a week. Nearly 20 medical specialists routinely come to the Home to see the children, and St. Mary's staff also take children to doctors' appointments as needed.

The children have regular physical therapy and enjoy activities such as swimming in the Home's therapy pool and taking field trips to the beach or museums. The occupational therapy services staff fit children for custom splints that will keep their limbs in alignment and maintain the children's wheelchairs and other equipment. The dietary service department prepares and delivers all meals. Support coordinators make sure the children receive appropriate services based on their individual needs.



No matter how medically fragile, every child at St. Mary's attends classes, either at the Home through a partnership with Southeastern Cooperative Educational Programs or at Norfolk and Virginia Beach public schools. The youngest children receive Early Intervention services at the Home.

While St. Mary's is a pediatric long-term-care residential facility, the Home also can help children who need short-stay care, for as few as 30 days, perhaps because of a family emergency or surgery requiring intensive post-operative physical therapy.

St. Mary's Home is affordable. The children and young adults qualify for Medicaid (or the U.S. Armed Services Tri-Care program, for military families) regardless of family income. United Way, grants and individual and corporate donations also help cover the cost of care.

PHOTO GROUP ABOVE: St. Mary's Home has been caring for children since 1944, with help from dedicated staff and generous members of the community. **FACING PAGE:** Cesar Leonor, LPN, takes his usual gentle approach as he listens to Angel's breath sounds.

We always welcome inquiries about admission. For more information or to schedule a tour,

call: 757.622.2208 or 800.237.6555 **or visit:** www.saintmaryshome.org

FOR MORE NEWS VISIT



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Blog www.saintmaryshome.blogspot.com

YEAR IN REVIEW 09

January

 St. Mary's Home began a blog: www.saintmaryshome.blogspot.com to spread the word about events and activities.

February

- Children dressed in green, gold and purple paraded through St. Mary's hallways to celebrate Mardi Gras. The annual parade was started a few years ago by a teacher at SMHDC who was from New Orleans and had been displaced by Hurricane Katrina.
- Ronald McDonald House Charities and Tidewater Officers' Spouses' Association awarded grants to St. Mary's Home to create a community resource guide.



To learn more about Bob Guess's interesting hobby and why he supports St. Mary's, watch a video of him in his workshop on St. Mary's YouTube channel: www.youtube.com/StMarysHome.

To watch an in-depth interview with Sister Mary June on WHRO-TV's "What Matters" community affairs program, see St. Mary's YouTube channel: www.youtube.com/StMarysHome.

YEAR IN REVIEW 09

March

- The Recreational Therapy Department put together a carnival-themed Family Night program that included magic tricks, carnival games, freshly made popcorn and cotton candy and a showing of the movie "Mary Poppins."
- Richard N. Knapp, chief operating officer for Virginia International Terminals, Inc, was named president of the Board of Trustees of St. Mary's Home during the Board's annual meeting.
- Virginia Beach Mayor Will Sessoms and his wife, Bev, toured St. Mary's Home, getting a look at the school, Early Intervention Program, occupational and physical therapy departments and the children's rooms. "I love what you all do," Sessoms said.

Supporter Spotlight:

Boat Builder Finds Another Purpose for His Passion

Bob Guess has been fascinated by the craft of boat-building since he was a 5-year-old child playing among the cedar shavings in his grandfather's shop. "I think the smell of the white cedar did something to me," he said. Now, in his own workshop at his Norfolk home, Guess builds detailed ships' models as well as children's play boats — a hobby that he uses to help the children and young adults of St. Mary's Home.

Guess has worked on models most of his life, in addition to building full-sized rowing and sailing boats. He patiently files, saws and pieces together small parts to create his beautiful, accurate models. He doesn't buy anything except raw materials. He makes his own fittings, even the tiniest of propellers.

After learning about St. Mary's Home through friends, he paid a visit to the children and left determined to do something to contribute. He donated some of his handiwork to the Auxiliary Board of St. Mary's 2009 auction to benefit the children, and he did so again in 2010. Said Guess: "Since I like to build models, I'm doing two things: I'm making myself happy, and I'm raising money for them."





A Lifetime of Caring for Children

Sister Mary June Morin knew in the sixth grade that she had a calling to become a nun. One of 12 children from a French-Acadian family in northern Maine, Sister joined the Daughters of Wisdom right out of high school and spent seven years working at a children's clinic in Brooklyn before being sent south to St. Mary's Home. "If help was needed, that's where you went," she said.

Decades later, Sister still is dedicated to helping the children and young adults of St. Mary's Home. On Feb. 8, 2009, Sister celebrated the start of her 50th year at the Home. The Daughters of Wisdom had been taking care of children at the Home since early 1946, and Sister Mary June once was among 21 nuns who watched over the children they affectionately referred to as "holy angels," "holy innocents" and, sometimes, "holy terrors." Today, she is the sole nun remaining at the Home, where she has held many jobs, including doing laundry, teaching and arranging field trips.

"You say to yourself, 'These are children. They need your care. Why not give them the best care to help them reach their potential?" Sister Mary June said.

THIS PAGE: Bob Guess demonstrates some of the tools he uses to build ships' models he donates to raise funds for St. Mary's Home. Guess and his wife, Patti Petty, also are members of The Guardian Society, which recognizes donors who have included St. Mary's in their estate plans, whether by will, trust, insurance or life income arrangement. For information about how you can help generations to come, contact Martha Price Stewart, director of development, at 757.446.6797 or 800.237.6555 or mstewart@smhdc.org.

FACING PAGE: Sister Mary June Morin marked her 56th anniversary as a Daughter of Wisdom and began her 50th year at St. Mary's Home.







Prom, Girl Scouts and more

Senior Master Sgt. John Borden Jr. was at Kunsan Air Base in South Korea when his daughter went to prom for the first time. But he still got to see the broad smile on Aly's face as her date held her hands and helped her move about in her wheelchair while a DJ played dance music. Aly was featured in an online video of the prom that Borden watched thousands of miles away from Virginia.

Students from Norfolk Academy decorated St. Mary's Atrium in an Asian-influenced style and acted as dates for the 2009 prom. St. Mary's staff provided food, put on the girls' makeup and danced a bit themselves. St. Mary's Auxiliary Board funded the tuxedo rentals and the DJ.

St. Mary's Home serves military families like Aly's through the U.S. Armed Forces' Exceptional Family Member Program. Borden said Aly receives good care and really enjoys prom and many other activities, such as being a member of St. Mary's Girl Scout troop. "She is getting so much attention that a single parent in the military could never accomplish," he said.

THIS PAGE: LEFT, Aly at prom, wearing a corsage her grandmother ordered to match her pink gown. RIGHT, Amelia paints St. Mary's mermaid, with help from her mother, Myra Perdue. FACING PAGE: The children and young adults from St. Mary's Home benefit from a lot of individual attention from staff. Here, Hamda smiles as she listens to Gwen Dickens, a certified nursing assistant (not pictured), read to her.

Children Make Mermaid Magic

With small brushes and rollers — and a little help from a parent and St. Mary's staff — Jahmari and Amelia dabbed blue paint on the tail of one of Norfolk's newest mermaids. "The kids are going to put their magic into it," said artist Georgia Mason, who created the mermaid and invited children from St. Mary's to visit her home studio in July 2009 so they could see the work in progress and lend a hand.

Three months later, on Oct. 26, the fully finished, and very colorful, mermaid arrived at St. Mary's Home. She holds a child in her embrace as she welcomes people at the entrance of the Home, where children are embraced every day by comfort and caring. Her name? "Embrace," naturally, as suggested by Patsy House, a friend of the Home.

The mermaid came to the Home by way of a book. To celebrate St. Mary's 65th anniversary, the Home sponsored the publication in July 2009 of an updated edition of "There Goes a Mermaid! A NorFolktale." The children's book by Lisa Suhay was inspired by the statues around Norfolk that are shaped like the city's mermaid symbol. At the Auxiliary Board's 2009 auction, Trustee Carl M. Albero and his wife, Carole Anne, bid \$5,000 to provide the children of St. Mary's with their own mermaid. Mason used just part of the money to pay for materials, with the rest going to support the Home because Mason donated her time and talent.



To read a Virginian-Pilot article about prom and watch the newspaper's accompanying video, follow the link on St. Mary's Facebook page, www.facebook.com/StMarysHome.



To see videos of the children painting the mermaid and of the mermaid being unveiled during St. Mary's fall 2009 donor reception, see St. Mary's YouTube channel, www.youtube.com/StMarysHome.

YEAR IN REVIEW 09

- Nearly 40 senior dental hygiene students from Old Dominion University spent a day at St. Mary's, providing clinical services to the children and young adults.
- The evening activities staff held a Spring Carnival with games for the children.
- · The Norfolk Sertoma Club, which helps people with hearing issues, met at St. Mary's Home and presented a donation check for \$5,000.
- · The Rhythm Project All Stars performed a free public concert sponsored by Claire and David Benjack and the Auxiliary Board of St. Mary's Home.





Please mark your calendars for the Auxiliary's next auction, on Feb. 19, 2011, again at The Westin-Town Center. During the auction, the Auxiliary will draw the winning ticket in a raffle of a 2010 VW Beetle donated by Checkered Flag Volkswagen of Virginia Beach.

For more information about the Auxiliary Board auction or raffle, call: 757.622.2208 ext.381 or visit: www.saintmaryshome.org.

YEAR IN REVIEW 09

May

- Twelve young adults graduated from St. Mary's Home, making up the largest graduating class in recent memory.
- Nicole Hoskins Jones, director of recreational therapy services, was named president of the Board of Directors of the Mid-Eastern Symposium on Therapeutic Recreation.
- Sophie's Closet, a program that collaborates with wellness-friendly workplaces to create events that inspire participants to carve out "me" time, launched at St. Mary's Home with nurses getting massages and manicures while listening to motivational speakers. "The point ... is to honor hard-working women who touch people's hearts by providing tools for life-enriching positive change," said Lisa Richmon, a friend of the Home who organized the event.

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Auxiliary Board Enhances Children's Lives

Formed in 1950, the Auxiliary Board of St. Mary's Home is a group of dedicated volunteers who strive to fill needs the Home otherwise could not meet. Items the Auxiliary funded in 2009 included a laptop and DVDs for recreational therapy, scholarships for summer camp, physical therapy tricycles, two Hi-Lo Sleepsafer Beds and the Harbor Hollow Play Areas. The Auxiliary also sent a Thanksgiving fundraising letter, a longstanding annual tradition.

In February 2009, more than 200 people came to The Westin Hotel at Town Center in Virginia Beach for the Auxiliary's 4th Annual Auction and Gala, which netted nearly \$50,000 — and a mermaid — for the children of St. Mary's Home.

09 OFFICERS

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Gini Deets, corresponding secretary

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THIS PAGE: LEFT, Mary Helen Hilton, St. Mary's director of annual giving, with the Checkered Flag 2010 VW Beetle to be raffled to benefit the children. The car is on display in St. Mary's lobby. RIGHT, Auxiliary Board President Karen Hibbard holds one of a number of paintings among the many items up for bid during the Auxiliary's annual Auction and Gala.

FACING PAGE: Betsy Turner, occupational therapy assistant, reassures Amonte as she fits him for a splint to help keep his ankle and foot in alignment.

ST. MARY'S HOME FOR DISABLED CHILDREN, INCORPORATED AND AFFILIATE

Statement of Financial Position

YEAR ENDED DECEMBER 31, 2009

ASSETS	
Cash and investments	\$18,289,633
Third party, pledge and other receivables	1,708,525
Fixed assets	13,746,512
Other assets	230,352
Total assets	33,975,022
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LIABILITIES AND NET ASSETS	
Current liabilities	\$1,473,726
Other liabilities, including bonds payables	15,835,791
Net assets	16,665,505
Total liabilities and net assets	33,975,022
REVENUES	
Patient service revenue	\$13,315,407
Contributions	737,868
United Way campaign	237,838
Investment and other income	2,667,489
Total revenues	16,958,602
EXPENSES	
Patient services	\$12,197,291
Management and general	1,936,491
Fundraising	243,137
Total expenses	14,376,919
Increase in net assets	\$2,581,683
Net assets, beginning of year	14,083,822







NOTE: REVENUES AND EXPENSES INCLUDE TWO EXTRAORDINARY FAVORABLE NON-CASH ITEMS TOTALING \$1,558,912 RELATED TO THE HOME'S LONG-TERM DEBT AND DEFINED BENEFIT PLAN.

16,665,505

This information is extracted from the December 31, 2009, financial statements, which were audited by Witt Mares, PLC.

Net assets, end of year



RESTRICTED AND UNRESTRICTED GIFTS

The Board of Trustees would like to recognize and thank these individuals, corporations, foundations, organizations and municipalities for their generous support as of December 31, 2009.

All donations are very important in helping children with severe disabilities have happy lives and achieve their fullest potential. If somehow we omitted or misspelled your name, let us know, and please accept our apologies.

> LEFT: The grounds of St. Mary's Home have been beautified by the Harborfront Garden Club, Virginia Beach Garden Club, Junior Virginia Beach Garden Club and the Garden Club of Norfolk, RIGHT: Kishaun listens to music with Shelia Tabb of the activities staff. The Activity Department/Evening Program provides additional socialization and stimulation to the children after school.

\$100,000 - \$299,999

United Way of South Hampton Roads

\$50,000 - \$99,999

Anonymous Auxiliary Board of St. Mary's Home Mrs. Nancy C. Hoy

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\$25,000 - \$49,999

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YEAR IN REVIEW 09

June

- · Contemporary jazz musician Marcus Johnson donated an autographed keyboard to the children of St. Mary's Home.
- · For the second year in a row, members of the Ocean View Women's Golf Association - who call themselves the "Ocean View Mermaids" - supported St. Mary's Home with a golf tournament. The 2009 event raised \$2,500.

- · U.S. Rep. Glenn Nve from Virginia's 2nd District toured St. Mary's Home. One of his stops included the classroom of the Early Intervention Program for the Home's voungest children.
- · Norfolk Mayor Paul D. Fraim issued a proclamation honoring St. Mary's Home for its 65th anniversary and declaring July 2009-July 2010 to be the "Year of the Mermaid" in the city.

- · Camp Horizon, a camp for people with disabilities, held some sessions at St. Mary's Home.
- · Carla Aquino, St. Mary's chief nursing officer, was accepted into a master's degree program in nursing management, policy and leadership at Yale University.
- · Staff from Southeastern Cooperative Educational Programs stepped forward to handle the challenge of educating all of the children at the Home for the 2009-2010 school year as St. Mary's took precautions against the swine flu.
- · Members of the Team Hoyt VB club pushed children and young adults with disabilities in running chairs in the Rock 'n' Roll 1/2 Marathon in Virginia Beach. raising \$10,000 for the children of St. Mary's Home.





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works on an art project during the after-school Evening

Program run by the activities staff.

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"I would recommend this place to anyone that has a child in this situation. The quality of life here is great."

EVANGELINE BEAUDOIN, WHOSE GRANDDAUGHTER, ALY, LIVES AT ST. MARY'S HOME

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ABOVE: Teacher Erin Keech sets up Brandon's augmentative communication device to provide him a voice during class. St. Mary's partners with Southeastern Cooperative Educational Programs to provide specialized education to the children and young adults.



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The Guardian Society

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-

THIS PAGE: Alex takes a ride on a therapy tricycle with help from Rhonda Bailey, a physical therapist assistant. Therapists evaluate each child or young adult who comes to St. Mary's Home to create individualized physical therapy programs.

"You never know what a child can do until you give him or her the opportunity."

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September

- The International Order of Alhambra Padul Caravan #69, a service organization raised nearly \$12,000 for St. Mary's Home from its annual golf tournament.
- Employees of Mass Mutual/ Commonwealth Financial Partners and FedEx Express volunteered at St. Mary's Home on the United Way Day of Caring.

October

- More than 400 runners, walkers, volunteers and supporters turned out at Fort Story in Virginia Beach for St. Mary's 21st annual 5K race, plus One-Mile Fun Run. The event raised about \$24,000.
- Lynn Earle, director of nutrition services, and Suzanne Eason, supervisor of occupational therapy support services, were selected to present at the Navigating the Care of the Medically Fragile Child conference in Portland, Ore.
- Children, staff and teachers dressed up in costumes and paraded about the Home, an annual tradition organized by SECEP.

November

 Jo-Kell Inc., led by Suzy and Marty Kelly, continued to provide annual funding for St. Mary's through employee giving programs. In 2009 alone, the Jo-Kell team raised more than \$7,000 for the Home.
 "The company is really involved in giving back. ... (Our employees) naturally have the desire to help others," Suzy Kelly said.

December

- On Dec. 8, St. Mary's Home marked 65 years of caring for Virginia children.
- U.S. Army Corps of Engineers' Norfolk
 District employees were among the many
 generous people who donated holiday
 gifts to the children. The Corps' singing
 group performed for the children and staff.
- Several Santas visited the children, including Marlin "Mo" Patrick, a Dominion employee who has been coming to the Home every December for over a decade.

LEFT: Isaiah is an honorary member of St. Mary's Environmental Services Department; staff gave him his own toolbox and help him maintain his own garden plot. RIGHT: Children and staff enjoy St. Mary's 500-gallon pond, designed and built in summer 2009 by Ron Herrick, St. Mary's environmental services manager, with help from his crew. Norfolk's Harborfront Garden Club provided funding and some parents of children at the Home donated koi.

"It doesn't look like a hospital. It feels like home."

CZECH REPUBLIC ARMY CAPT. MAGDALENA DVORAKOVA, QUEEN OF NORFOLK'S 2009 INTERNATIONAL AZALEA FESTIVAL, WHO MET WITH SOME OF THE CHILDREN DURING CLASS AND READ TO THEM



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Need a Speaker?

Staff are happy to speak to businesses, clubs and other organizations about St. Mary's Home and the exceptional care, programs and therapies we offer. For more information, contact Sonja Barisic, marketing communications manager, at 757.352.2700 or 800.237.6555 or sbarisic@smhdc.org.

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If you received duplicate reports or have any address changes, please email sbarisic@smhdc.org.

Thank you

to our corporate sponsor for this report:



Looking Ahead: The St. Mary Charity House

St. Mary's Home is honored to have been chosen to receive the net proceeds from the Charity House at the Tidewater Builders Association's Fall 2010 Homearama. Please join us Oct. 16-31, 2010, at the showcase of homes in Norfolk's East Beach community along the Chesapeake Bay, and at the Preview Party on Oct. 15.

"We are proud that our Fall Homearama Charity House will help some of our most vulnerable children by giving them a place to call home, where their families can feel secure in knowing their medical and emotional needs will be addressed," said Bill Halprin, president of Tidewaters Builders Association.

For ticket information: Call 757.622.2208 ext.328 or visit www.homearama.tv.





A special place for special children

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Caring for Children Since 1944

The mission of St. Mary's Home for Disabled Children is to provide quality, specialized care within a homelike environment for special children with severe disabilities, so each child can achieve his or her fullest potential.

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You Can Make a Child's Life Better

If you'd like to help children with severe disabilities receive the very best care and live in a cheerful, homelike environment, you can make your life-altering gift online at www.saintmaryshome. org, call 757.622.2208 or 800.237.6555, or send it, with our deep thanks, in the envelope provided with this report.

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