

St. Mary's Home

School Level Report Card

Tool for the Triennial Assessment

Division Name: N/A

School Name: St. Mary's Home

Date of Evaluation: 04/29/2021

Select all grade levels in your school or select N/A if ungraded:

- | | | |
|---|---------------------------------------|--|
| <input type="checkbox"/> N/A | <input checked="" type="checkbox"/> 5 | <input checked="" type="checkbox"/> 9 |
| <input checked="" type="checkbox"/> Pre-K | <input checked="" type="checkbox"/> 6 | <input checked="" type="checkbox"/> 10 |
| <input checked="" type="checkbox"/> K | <input checked="" type="checkbox"/> 7 | <input checked="" type="checkbox"/> 11 |
| <input checked="" type="checkbox"/> 1 | <input checked="" type="checkbox"/> 8 | <input checked="" type="checkbox"/> 12 |
| <input checked="" type="checkbox"/> 2 | | |
| <input checked="" type="checkbox"/> 3 | | |
| <input checked="" type="checkbox"/> 4 | | |

I. Nutrition Promotion and Education

Our school meets the specific goals for nutrition promotion and education as outlined in our Wellness Policy:

- **Implement evidence-based healthy food promotion techniques through the school meal programs using Smarter Lunchroom techniques.**

Yes No

- **Promote fruits, vegetables, whole-grain products, low-fat and fat-free dairy products and healthy food preparation methods.**

Yes No

- **Include healthy eating topics in the annual curriculum where appropriate (see p.8 of Wellness Policy)**

Yes No

II. Physical Activity

Our school meets the specific goals for physical activity as outlined in our Wellness Policy:

- **Indoor and outdoor physical activity facilities will be open to students, their families and the community outside school hours.**

Yes No

- **All students will be provided equal opportunity to participate in physical education classes within the medically prescribed limits of individual care plans and grade level.**

Yes No

III. Other School-Based Wellness Activities

Our school meets specific goals for other school-based activities that promote student wellness as outlined in our Wellness Policy:

- **All school-sponsored wellness events will include physical activity opportunities as appropriate.**

Yes No

IV. Standards and Nutrition Guidelines for All Foods and Beverages Sold

Our school meets the standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with federal and state regulations:

- **We follow federal school meal nutrition standards for all foods and beverages available for sale on campus during the school day.**
- Yes No N/A *Students do not have access to foods or beverages for sale on the school campus during school. All students receive free meals through federal USDA programs.
- **We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including a la carte offerings and food sold in school stores and vending machines.**
- Yes No N/A, *No foods or beverages are for sale on the school campus.
- **We follow St. Mary’s Home’s policy on exempt fundraisers as outlined in our Division’s Wellness Policy pursuant to current regulations § 22.1-207.4 of the Code of Virginia.** Yes No N/A, *Students and staff at St. Mary’s Home are not directly involved in fundraising efforts.

V. Standards for All Foods and Beverages Provided, But Not Sold

Our school meets the requirements for nutrition standards for all foods and beverages provided, but not sold, to students during the school day (e.g. in classroom parties, classroom snacks brought by parents, or other foods given as incentives):

- **We follow St. Mary’s Home’s policy on standards for all foods and beverages provided, but not sold, as outlined in our Division’s Wellness Policy.**
- Yes No

VI. Policy for Food and Beverage Marketing

Our school meets the standards that allow marketing and advertising of only those foods and/or beverages that meet the Smart Snacks nutrition standards. **All food and beverage marketing meets Smart Snacks nutrition standards.**

- Yes No N/A, * There is no food or beverage marketing at St. Mary’s Home.

VII. Progress

The Human Resources department at St. Mary’s Home is developing an employee wellness program that will impact both students and employees.

VIII. Contact

The Wellness Policy leadership includes one or more school officials who have the authority to ensure the school complies with the policy. This individual may be contacted for more information about the Wellness Policy practices at St. Mary's Home.

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