



OFFICE OF
SCHOOL AND COMMUNITY
NUTRITION PROGRAMS
VIRGINIA DEPARTMENT OF EDUCATION

Local School Wellness Policy: Triennial Assessment Tool 2024

School Division:
St. Mary's Home

Wellness Policy Contact Name and Email:
Lynn Earle, Nutrition Services Director, learle@smhdc.org

Wellness Policy can be found at:
Saintmaryshome.org

Triennial Assessment can be found at:
Saintmaryshome.org

Every three years the divisions must conduct an assessment of the Local School Wellness Policy and make it available to the public. That assessment must address:

- compliance with the division Local School Wellness Policy,
- how the policy compares to the model Wellness Policy, and
- progress made in attaining the goals of the Wellness Policy.

Please visit the [Virginia Department of Education, Office of School and Community Nutrition Programs \(VDOE-SCNP\) website](#) for all tools and resources to help you complete your Triennial Assessment.

When finalized, please forward this Triennial Assessment or a link to its location to Katy Harbin, Nutrition and Wellness Specialist, at Katy.Harbin@doe.virginia.gov.

Wellness Policy Requirements

Category	Requirement	Fully in place	Partially in place	Not in place	Action Taken Toward Goals
Policy Leadership	Designate the position or committee responsible for Wellness Policy oversight.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	N/A
Public Involvement	Notify the public of their ability to participate in the development, implementation, and review.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	“Members of the public are invited to participate in the development, implementation and review of the policy” has been added to information on our website.
School Meals	Serve school meals that follow USDA-FNS meal regulations. (7CFR210.10 and 7CFR220.8)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	N/A
Foods Sold Outside of School Meals Program	Sell only USDA’s Smart Snacks compliant foods and beverages outside of the school meals program.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No foods are sold to students at St. Mary’s Home.

Category	Requirement	Fully in place	Partially in place	Not in place	Action Taken Toward Goals
Foods Provided, Not Sold	Specify division guidelines for foods provided, not sold, including at celebrations, given as rewards, or classroom snacks.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Food is not provided to students at celebrations, given as rewards or as classroom snacks.
Food and Beverage Marketing	Market only products that adhere to the USDA-FNS Smart Snacks rule.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Products are not marketed to students at St. Mary's Home.
Nutrition Education	Include at least one evidence-based goal for nutrition education.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	School staff will be required to take a <i>Vector Solutions</i> training in Nutrition Basics in order to prepare lesson plans which include nutrition education.
Nutrition Promotion	Include at least one evidence-based goal for nutrition promotion.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	All students will be taught about healthy food choices as modeled by the foods and nutritionally complete enteral nutrition formulae provided by St. Mary's Home's food service staff.
Physical Education/Activity	Include at least one evidence-based goal for physical education and/or physical activity.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	School staff will promote physical movement breaks in the classroom daily and students in grades K-10 will receive adaptive physical education once weekly for 30 minutes.

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Other Activities that Promote Student Wellness	Include at least one evidence-based goal for other activities that promote student wellness.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	School staff promotes participation in an annual field day with adaptive equipment to promote movement, as is possible, for each student.
Triennial Assessment	Complete a Triennial Assessment and notify the public.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Triennial Assessment is completed, and notification is posted on the St. Mary's Home website.
Public Update and Information	Specify how the public will be informed about content and implementation.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	The public will be informed about the content of the Triennial Assessment via the St. Mary's Home website.
Compliant Fundraisers	Permit only USDA-FNS Smart Snacks compliant food and beverage fundraisers. LEAs may choose to allow up to 30 school-sponsored fundraisers per site per school day to be exempt from the Smart Snacks.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Students do not participate in fundraisers.

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Fundraiser Times	Disallow food or beverage fundraisers during meal times.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Students are not involved in fundraisers.
Fundraiser Designee	Designate an individual to monitor all food and beverage fundraisers. This designee shall not be school nutrition personnel.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Students are not involved in fundraisers.

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How does your policy compare to the model policy?

Our policy is based on the model policy.

Note progress made towards wellness goals:

Progress is ongoing toward wellness goals.